

## Advancing Emotional and Physiological Safety at Conferences Addressing Violence and Abuse: Topic Guide for Focus Groups (V1, 20.11.23)

### Reminders

- Participation is voluntary and all questions are optional.
- Participants can take a break from the focus group at any time, can withdraw from the focus group at any time (but cannot withdraw their data once the focus group has commenced), and can move to a separate breakout area with the second researcher for support if needed.
- Information shared within the focus group should be treated as confidential.

1. Introductions to the research and to each other.
2. How have you felt - emotionally or physically – before, during, and after the conferences addressing violence and abuse? (We are interested in both positive and negative impacts). Why do you think this was?
3. How did you try to protect and take care of yourself before, during, and after conferences that address violence and abuse? What made this easier or harder to do? What worked well for you?
4. What types of information do you find helpful in supporting you to protect and take care of yourself before, during, and after conferences? How is this information best provided?
5. What provision for self- and collective care have you been aware of at conferences you have attended? Have you accessed them? Why? Why not? What other provision would you have liked to have had access to?
6. What other steps could conference organisers and speakers take to support attendees' emotional and physiological safety and wellbeing?
7. Close and Next Steps