



## Violence Abuse & Mental Health Network: November 2019 Newsletter

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### VAMHN Update

#### **Trauma-Informed Approaches workshop**

On the 7<sup>th</sup> November 2019 we held a “policy lab” (a structured workshop) which asked participants “what is needed for a Trauma Informed Approach to be effectively implemented across all relevant public service settings?” The day brought together people working in policy, academia, and the third sector and people with lived experience. We are currently working on the post-workshop materials, which we will make available on our website, but in the meantime have made a resource available on our website which summarises key information about trauma informed approaches, which you can on our [website here](#). Thank you to the King’s Policy Institute for hosting and for everyone who came for making the day so dynamic and interesting.

#### **Resilience Workshop**

On the 4<sup>th</sup> November 2019 network member Dr Helen Adams from the Centre for Integrated Research on Risk and Resilience and colleagues held a workshop on “Resilience to Transformation” as part of the ESRC Festival of Social Sciences. The workshop explored differences between geographical and psychological definitions of resilience and considered their application to violence, abuse, and mental health. Thank you to Andre Tomlin from the Mental Elf for live tweeting the event. You can find a selection of slides and the key messages from the day on his twitter feed [here](#).

#### **ECR Bursaries**

Thank you to everyone who applied for our Early Career Researcher Bursary Awards. Applications for this round have now closed and we will be announcing the winners shortly. Our next round will open in spring 2020.

Three of our previous bursary winners, [Grace Carter](#), [Michelle Degli Esposti](#) and [Ashley McCarthy](#) have written blog posts discussing how they used their award money. To see what they had to say about their experiences have a look at our [website here](#).

### International VAMHN Meeting

On October 8<sup>th</sup> 2019 we held our first iVAMHN Meeting, organised by network member Dr Roxanne Keynejad which brought together a number of researchers from all over the world to discuss gender-based violence in low- and middle-income countries. iVAMHN are keen to hear your thoughts about research, education and capacity building priorities in the field of violence, abuse and mental health in low- and middle-income countries. Please consider completing the survey ([here](#)) and sharing with your colleagues and networks. If you would like to join iVAMHN, recommend speakers for future iVAMHN events or discuss more, please email [roxanne.1.keynejad@kcl.ac.uk](mailto:roxanne.1.keynejad@kcl.ac.uk).

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### Funding Opportunities

- Nuffield Foundation Strategic Fund – (*Applications accepted from 1<sup>st</sup> October 2019*)
    - 🕒 Deadline 9<sup>th</sup> December 2019. [Click here for full details.](#)
  - The Loneliness and Social Isolation in Mental Health Research Network Funding Call
    - 🕒 Deadline 31<sup>st</sup> January 2020 at 5pm. [Click here for full details.](#)
  - NIHR Health Inequalities Research Initiative: Call 3
    - 🕒 Deadline 14<sup>th</sup> January 2020 at 1pm. [Click here for full details.](#)
  - NIHR Public Mental Health Interventions
    - 🕒 Deadline 17<sup>th</sup> March 2020 at 1pm. [Click here for full details.](#)
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### Other Training and Events

**The Section of Women's Mental Health** (King's College London) is collaborating with the **Gender Violence & Health Centre** (London School of Hygiene and Tropical Medicine) to host a free seminar series to mark the [16 Days of Activism Against Gender Based Violence](#). This is an international campaign which runs from the 25<sup>th</sup> November to the 10<sup>th</sup> December. To see what events are planned [click here](#). Events at LSHTM will be livestreamed.

**The Royal College of Psychiatrists** are running a one-day conference on the 6<sup>th</sup> December on 'Sexual Violence and Mental Health'. Topics include the role of mental health care professionals in treating patients who have experienced sexual violence. For full details and to register [click here](#).

**The Gender Violence in the Amazon of Peru Project Team** are extending invitations to the Abrazados film premier on the 4<sup>th</sup> December at the UCL Institute for Child Health from 5:30-7:30pm. The evening will include a dynamic international panel discussing innovative ways that communities in low resource setting can mobilise to prevent violence. To register your attendance [click here](#) or contact [Geordan.shannon.13@ucl.ac.uk](mailto:Geordan.shannon.13@ucl.ac.uk).

**Ernst & Young LLP** are hosting a seminar on economic abuse on the 3<sup>rd</sup> December from 12.15-1.45pm as part of the 16 Days of Action Against Gender-Based Violence. The workshop will look at how business can train employees to spot the signs of economic abuse and support co-workers who are experiencing it. To register your attendance [click here](#).

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## Work and education opportunities

The University of Southampton has an opening for a PhD position on "Mental health outcomes of children exposed to domestic abuse in low- and middle-income countries" at Highfield Campus. The closing date for applications is the 23<sup>rd</sup> January 2020. For full details and to apply [click here](#).

The Institute of Epidemiology at University College London have an opening for a Senior Research Fellow in behavioural science/social science with an interest or expertise in social interventions in healthcare. Salary - £44,674 to £52,701 per annum, inclusive of London Allowance. The closing date for applications is the 5<sup>th</sup> December. For full details and to apply [click here](#).

The Violence and Society Centre at City, University of London is offering a full-time, three-year doctoral studentship for 2020/21 entry. The closing dates for applications are the 10<sup>th</sup> December and 3<sup>rd</sup> January. For full details and to apply [click here](#).

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## Resources

**Catalogue of Mental Health Measures**

A new catalogue has just been launched online providing information about thousands of standard and non-standard measures of mental health and wellbeing collected in UK longitudinal studies. As well as signposting access to datasets, their website also provides information on useful educational resources. To access the catalogue [click here](#).

**Pornography, Sexual Coercion and Abuse and Sexting in Young People's Intimate Relationships: A European Study.** – Stanley et al, 2016

This article reports findings from a large survey of over 4,000 young people aged 14-17 to illuminate the relationship between regular viewing of online pornography, sexual coercion and abuse and the sending and receiving of sexual images. They found that boy's perpetration of sexual coercion and abuse was significantly associated with regular viewing of online pornography. To read the full article published in *Journal of Interpersonal Violence* [open access] [click here](#).

**Life course health consequences and associated annual costs of adverse childhood experiences across Europe and North America: a systematic review and meta-analysis** – Bellis et al, 2019

This systematic review looks at the major risk factors and causes of ill health attributable to ACEs and the associated financial costs. The estimated that the total annual costs attributable to ACEs were \$581 million in Europe and \$748 billion in North America. To read the full article published in *Lancet Public Health* [open access] [click here](#).

**Interventions to Reduce Intimate Partner Violence Perpetration by Men Who Use Substances: A Systematic Review and Meta-Analysis of Efficacy.** – Stephens-Lewis et al, 2019

This review aims to examine the effectiveness of interventions to reduce IPV by men who use substances. They conclude that there is little evidence for effective interventions in this area and emphasise that future trials should consider the nature of the relationship between IPV and substance abuse in future intervention designs.

For more useful resources and links, take a look at [our website here](#)

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## Useful Links



VAMHN website: <https://www.vamhn.co.uk/>



VAMHN twitter: [@VAMHN](#)

We are one of eight UKRI funded mental health networks. To find out more about the other seven, [click here](#)



If you have any collaboration or funding opportunities, events or resources for our newsletter, or you would like your organisation to be featured in our community spotlight, please contact us at [vamhn@kcl.ac.uk](mailto:vamhn@kcl.ac.uk)